

OFFICE OF THE PRINCIPAL, GOVERNMENT COLLEGE FOR GIRLS, PADHA

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**NOTICE**

Keeping in mind the health and wellness of mind-body balance, all staff members and students are hereby informed that a 10-minutes ***“Yoga Break”*** will be organized daily from ***08:50 a.m. to 09:00 a.m.*** All staff members and students are advised to participate in the initiative.



**Incharge**

**(Yoga Club and Time-Table Incharge)**

