

**GOVT. COLLEGE FOR GIRLS PADHA(
KARNAL)**

LESSON PLAN (B.A IST SEM)

(Session 2023-24)

NAME of ASSOCIATE PROFESSOR – Mrs.Suman Arya

CLASS- B.A I SEM

SUB.- Idea of Bharat

July Month	TOPICS COVERED
3 th WEEK (22 -27 JULY)	The Concept of Bharatvarsha: Indian Knowledge Traditions: Understanding of Bharatvarsha and its Political Contours Indian Concept of Time and Space
4 th WEEK (29-31 JULY)	The Historical Glory of Ancient Indian Literature: Vedas, Upanishads, Epics, Puranas, Jain and Buddhist Literature etc. Ancient Indian Educational System
August (2024)	
1 st Week (1-4 Aug)	Dharma, Philosophy, Art and Culture Indian Perception of Dharma and Darshan
2 nd Week (5-10)	The Concept of Vasudhaiva Kutumbakam: Man, Family, Society and World Polity and Governance: Concept of Janpada & Gram Swarajya
3 rd Week (12-17)	Salient Features of Indian Arts
4 th Week (19-24)	Salient features of Indian Culture
5 th Week (26-31)	Revision/Test above covered topic
SEPTEMBER (2024)	
1 st Week (2-7)	Science, Environment and Economy Science, Technology & Mathematics in Ancient
2 nd Week (9-14)	Health Consciousness (Science of Life): Ayurveda, Yoga
3 rd Week (16-21)	Naturopathy Environmental Conservation: Indian View I
4 th Week (23-30)	Indian Economic Thoughts: Agriculture, Industry,
October (2024)	
1 st Week (1-5)	Indian Economic Thoughts ,Trade and Maritime Commerce
2 nd Week (7-12)	Queries, Presentation
3 rd Week (14-19)	Test/Assignment
4 th Week (21-26)	Revision
5 th Week (28 OCT.-2 NOV.)	DIWALI
November (2024)	
1 st Week(4-9)	Maps (India): Political Contours of ancient Bharatvarsha Places of Indian Arts in ancient times Important Janpadas of ancient India Maritime Commerce in ancient India
2 nd Week (11-16)	Revision/Test/Queries
3 rd Week (18-22)	Revision/Test